



**MY
THOUGHTS
MATTER**



**I AM FILLED
WITH
PURPOSE**



I AM STRONG



I CAN



I'VE GOT THIS



I AM ENOUGH



**I HAVE A KIND
HEART**



**I AM
ALLOWED
TO TAKE UP
SPACE**



**MY VOICE AND
OPINION MATTER**



**I AM A BEAUTIFUL
INDIVIDUAL**



I AM LOVED

@DORSETMHST