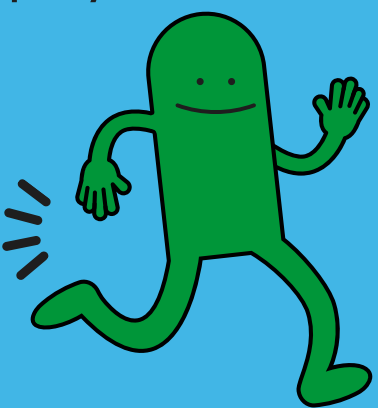


MY WELLBEING TOOLBOX

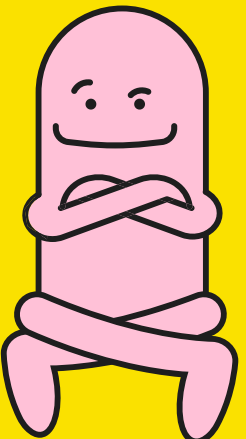
physical tools

A green cartoon character with a simple face, arms, and legs, is shown in a running pose. Three short lines behind its back suggest motion.

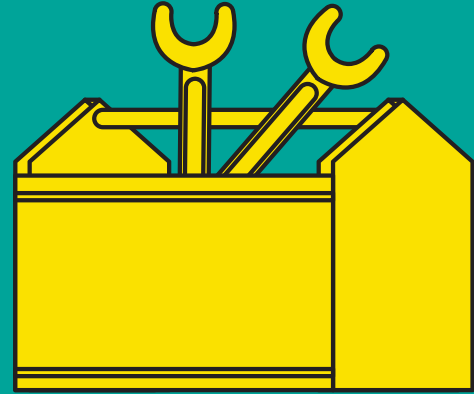
social tools

A blue cartoon character with a simple face, arms, and legs, is shown waving its right hand.

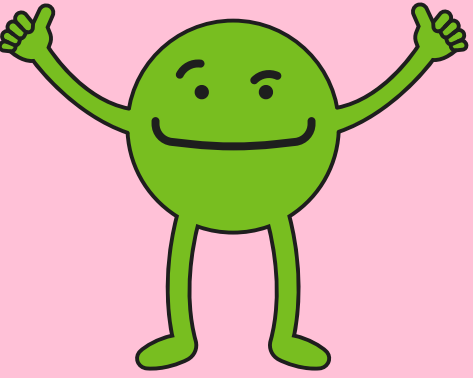
relaxation tools

A pink cartoon character with a simple face, arms, and legs, is shown sitting with its arms crossed in a relaxed pose.

thinking tools

An orange cartoon character with a simple face, arms, and legs, is shown with a thoughtful expression, one hand on its chin.An open yellow toolbox with two tools, a wrench and a screwdriver, sticking out of the top.

other tools

A green cartoon character with a simple face, arms, and legs, is shown giving a thumbs up with both hands.

MY WELLBEING TOOLBOX

physical tools



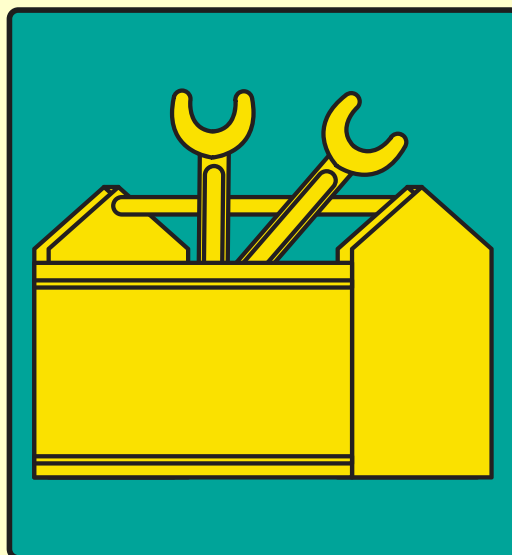
social tools



relaxation tools



thinking tools



other tools



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